

**Idaho Track & Field - 5/17/2007 to 5/19/2007**  
**2007 Idaho State Track & Field Championships**  
**Boise State University - Boise, Idaho**  
**Results**

**Girls 100 Meter Dash 4A**


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Class Record: \* 12.47 5/20/2005 Nataucha Lowry, Vallivue

Overall: # 12.07 1989 Julie Briggs, Highland, Pocat

Name	Year School	Prelims
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## Heat 1 Preliminaries

1 Vanessa Ward	11 Burley	13.12Q
2 Kylee Gardner	Jr Bonneville	13.22Q
2 Jo Byrne	12 Moscow	13.22Q
4 Megan Azevedo	10 Columbia	13.35
5 Mandy Workman	10 Pocatello	13.38
6 Alexis Bailey	09 Rigby	13.84

## Heat 2 Preliminaries

1 Sarah Hill Martinez	12 Nampa	12.89Q
2 Molly Reid	11 Jerome	13.20Q
3 Katie Elliott	Jr Hillcrest	13.28q
4 Alexis Bennett	10 Middleton	13.30
5 Sherica Holmon	11 Mountain Home	13.36
6 Chelsey Hillman	10 Rigby	13.76

## Heat 3 Preliminaries

1 Chalese West	Jr Rigby	13.02Q
2 Delaney Fox	10 Wood River	13.20Q
3 Katie Hughes	12 Bishop Kelly	13.31
4 Camille Reynolds	10 Lakeland	13.33
5 Hailey Rienstra	9 Jerome	13.34
6 Nichole Kesgard	10 Nampa	13.63

**Girls 100 Meter Dash 4A**


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Class Record: \* 12.47 5/20/2005 Nataucha Lowry, Vallivue

Overall: # 12.07 1989 Julie Briggs, Highland, Pocatello

Name	Year School	Finals	Points
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## Section 1 Finals

1 Sarah Hill Martinez	12 Nampa	12.77
2 Chalese West	Jr Rigby	12.99
3 Molly Reid	11 Jerome	13.10
4 Vanessa Ward	11 Burley	13.17
5 Jo Byrne	12 Moscow	13.31
6 Katie Elliott	Jr Hillcrest	13.40
7 Kylee Gardner	Jr Bonneville	13.42
8 Delaney Fox	10 Wood River	13.44

**Girls 200 Meter Dash 4A**


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Class Record: \* 25.28 5/20/2005 Nataucha Lowry, Vallivue

Overall: # 24.86 1988 Julie Briggs, Highland, Pocat

Name	Year School	Prelims
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## Heat 1 Preliminaries

1 Desirae Hutchings	11 Sandpoint	26.13Q
2 Molly Reid	11 Jerome	27.03Q
3 Nicole Martin	10 Minico	27.09Q

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4 Melissa Phillips	11 Lakeland	27.30Q
5 Malia Paller	11 Emmett	27.35
6 Katie Elliott	Jr Hillcrest	27.36
7 Erica Greenwood	10 Skyview	28.02
Heat 2 Preliminaries		
1 Sarah Hill Martinez	12 Nampa	26.68Q
2 Chalese West	Jr Rigby	27.00Q
2 Julianne Overocker	10 Century	27.00Q
4 Alexis Bennett	10 Middleton	27.15Q
5 Vanessa Ward	11 Burley	27.16
6 Delaney Fox	10 Wood River	27.18
7 Jenni Clark	11 Skyview	27.30
8 Reve Tortel	Sr Bonneville	28.26

**Girls 200 Meter Dash 4A**

Class Record: \* 25.28 5/20/2005 Nataucha Lowry, Vallivue  
 Overall: # 24.86 1988 Julie Briggs, Highland, Pocatello

Name	Year School	Finals Points
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## Section 1 Finals

1 Sarah Hill Martinez	12 Nampa	26.23
2 Desirae Hutchings	11 Sandpoint	26.34
3 Chalese West	Jr Rigby	26.68
4 Molly Reid	11 Jerome	26.80
5 Nicole Martin	10 Minico	27.06
6 Julianne Overocker	10 Century	27.24
7 Melissa Phillips	11 Lakeland	27.46
8 Alexis Bennett	10 Middleton	27.50

**Girls 400 Meter Dash 4A**

Class Record: \* 57.17 5/19/2005 Nataucha Lowry, Vallivue  
 Overall: # 55.98 2000 Danielle Pridgen, Nampa Chris

Name	Year School	Prelims
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## Heat 1 Preliminaries

1 Lacey Johnson	11 Preston	1:00.70Q
2 Keley Hamilton	9 Minico	1:00.90Q
3 Amber Thompson	So Rigby	1:01.08Q
4 Kristie Sigloh	10 Mountain Home	1:01.85Q
5 Chelsea Layne	10 Jerome	1:02.40
6 Chelsea Stucki	Jr Bonneville	1:03.25
7 Bryn McNerny	10 Nampa	1:04.23
8 Kim Talford	10 Middleton	1:04.63

## Heat 2 Preliminaries

1 Ashley Jensen	09 Emmett	1:00.90Q
2 Jenae Root	11 Middleton	1:01.15Q
3 Kari Rucker	10 Lakeland	1:01.63Q
4 Carey Downey	12 Pocatello	1:01.90Q
5 Kailey Smith	Jr Bonneville	1:02.75
6 Rachel Dickerson	12 Kuna	1:03.02
7 Katja Strand	09 Moscow	1:04.38
8 Megan Parrish	12 Jerome	1:05.40

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**Girls 400 Meter Dash 4A**

Class Record: \* 57.17 5/19/2005 Nataucha Lowry, Vallivue  
 Overall: # 55.98 2000 Danielle Pridgen, Nampa Christian

Name	Year School	Finals Points
Section 1 Finals		
1 Amber Thompson	So Rigby	59.88
2 Ashley Jensen	09 Emmett	1:00.21
3 Kelcy Hamilton	9 Minico	1:00.42
4 Lacey Johnson	11 Preston	1:00.67
5 Kristie Sigloh	10 Mountain Home	1:00.77
6 Jenae Root	11 Middleton	1:01.06
7 Kari Rucker	10 Lakeland	1:02.01
8 Carey Downey	12 Pocatello	1:03.69

**Girls 800 Meter Run 4A**

Class Record: \* 2:14.30 2004 Jackie Carter, Bishop Kelly  
 Overall: # 2:13.91 2001 Danielle Pridgen, Nampa Christian

Name	Year School	Finals Points
Section 1		
1 Bethany McInturff	7 Century	2:17.63
2 Codi Gifford	10 Bishop Kelly	2:20.02
3 Carey Downey	12 Pocatello	2:26.31
4 Jessica Burlile	10 Bishop Kelly	2:27.03
5 Elissa Flandro	12 Bishop Kelly	2:27.48
6 Chelsey Fraser	09 Emmett	2:28.38
7 Tyshae Davis	Jr Bonneville	2:28.94
8 Christine Miller	12 Sandpoint	2:32.28
9 Lyndsay Taylor	Fr Rigby	2:32.57
10 Tara Michael	Sr Hillcrest	2:33.15
11 Tori Thornton	11 Kuna	2:33.92
12 Victoria Vardell	10 Sandpoint	2:35.41
13 Jessica Payan	10 Jerome	2:37.32
14 Brianna Williams	09 Middleton	2:38.74
15 Ashley Rendall	12 Wood River	2:40.39
16 Denise Ochoa	11 Jerome	2:41.77
17 Nicole Mabey	10 Burley	2:42.67

**Girls 1600 Meter Run 4A**

Class Record: \* 5:04.31 2002 Jennifer McPherson, Skyview  
 Overall: # 4:59.45 2006 Dana Morgan, Skyview

Name	Year School	Finals Points
1 Bethany McInturff	7 Century	5:16.56
2 Megan Bartlett	10 Sandpoint	5:19.33
3 Cara Gillespie	11 Bishop Kelly	5:19.74
4 Codi Gifford	10 Bishop Kelly	5:23.37
5 Jordan Powell	10 Columbia	5:23.62
6 Christa Hughes	12 Nampa	5:29.81
7 Lara Tuthill	09 Bishop Kelly	5:30.81

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8 Kaylee Campbell	10 Preston	5:34.76
9 Kelsey Parker	9 Pocatello	5:38.69
10 Kathleen Vardell	10 Sandpoint	5:44.32
11 Allie Ford	10 Preston	5:46.13
12 Kim Barnes	Jr Bonneville	5:54.25
13 Tara Michael	Sr Hillcrest	5:55.28
14 Jessica Payan	10 Jerome	5:56.00
15 Carissa Lee	12 Jerome	5:56.53
16 Ashley Rendall	12 Wood River	6:09.15
17 Kelsea Plimmer	11 Skyview	6:25.20

**Girls 3200 Meter Run 4A**

Class Record: \* 11:16.24 2002 Jennifer McPherson, Skyview  
 Overall: # 10:55.19 1993 Angie Mathison, Highland, Craigmo  
 Name Year School Finals Points

1 Megan Bartlett	10 Sandpoint	11:43.28
2 Jordan Powell	10 Columbia	11:43.55
3 Kaylee Campbell	10 Preston	11:50.97
4 Cara Gillespie	11 Bishop Kelly	12:03.67
5 Jordan Englehardt	10 Bishop Kelly	12:08.53
6 Lara Tuthill	09 Bishop Kelly	12:15.19
7 Christa Hughes	12 Nampa	12:17.49
8 Allie Ford	10 Preston	12:26.52
9 Kathleen Vardell	10 Sandpoint	12:37.61
10 Kelsea Plimmer	11 Skyview	12:39.49
11 Jessica Payan	10 Jerome	12:54.80
12 Jessica Burlile	10 Bishop Kelly	12:57.50
13 Kelsey Parker	9 Pocatello	12:58.78
14 Kim Barnes	Jr Bonneville	13:09.68
15 Carissa Lee	12 Jerome	13:21.53
16 Devri Redford	Sr Hillcrest	13:27.43

**Girls 100 Meter Hurdles 4A**

Class Record: \* 15.42 2002 Stephanie Barnwell, Kuna  
 Overall: # 15.42 2006 Tia Lumpkin, Skyline  
 Class Tie: % 15.42 2004 Mykel Barrie, Mountain Home  
 Name Year School Prelims

## Heat 1 Preliminaries

1 Katie Adams	12 Sandpoint	15.94q
2 Emily Moranda	11 Mountain Home	15.99q
3 Shalyse Olsen	So Rigby	16.11q
4 Jo Byrne	12 Moscow	16.85q
5 Stephanie Johns	10 Skyview	17.28
6 Taryn Larsen	10 Jerome	17.91
7 Abby Ericson	09 Kuna	18.01
8 Alisha Wakley	11 Preston	18.10

## Heat 2 Preliminaries

1 Heidi Saville	Sr Bonneville	15.98q
2 Delaney Fox	10 Wood River	16.09q
3 Elena Riggerbach	11 Jerome	16.28q

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4 Mckinzie Anderson	So Rigby	16.38q
5 Brooke DeMers	11 Sandpoint	17.01
6 Francesca Hale	10 Mountain Home	17.62
7 Maria Cabalo	12 Kuna	19.97
8 Jara Dalley	10 Pocatello	22.69

**Girls 100 Meter Hurdles 4A**


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Class Record: * 15.42	2002	Stephanie Barnwell, Kuna
Overall: # 15.42	2006	Tia Lumpkin, Skyline
Class Tie: % 15.42	2004	Mykel Barrie, Mountain Home
Name	Year School	Finals Points

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## Section 1 Finals

1 Katie Adams	12 Sandpoint	16.09
2 Shalyse Olsen	So Rigby	16.19
2 Heidi Saville	Sr Bonneville	16.19
4 Elena Riggerbach	11 Jerome	16.41
5 Jo Byrne	12 Moscow	16.72
6 Emily Moranda	11 Mountain Home	16.90
7 Mckinzie Anderson	So Rigby	17.03
-- Delaney Fox	10 Wood River	DNF

**Girls 300 Meter Hurdles 4A**


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Class Record: * 45.39	2004	Lauren Symmonds, Bishop Kelly
Overall: # 43.64	2004	McKenzie Walton, Skyline
Name	Year School	Prelims

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## Heat 1 Preliminaries

1 Delaney Fox	10 Wood River	47.36Q
2 Chelsey Thayn	11 Emmett	47.75Q
3 Mckinzie Anderson	So Rigby	48.56Q
4 Francesca Hale	10 Mountain Home	49.80Q
5 Michele Christensen	12 Preston	50.12
6 Katie Adams	12 Sandpoint	50.14
7 Sara Galloway	11 Emmett	51.08
8 Tasha Goodworth	Sr Hillcrest	51.26

## Heat 2 Preliminaries

1 Emily Moranda	11 Mountain Home	46.89Q
2 Larissa Dehaas	11 Bishop Kelly	48.89Q
3 Andrea Adams	Fr Hillcrest	49.83Q
4 Alyssa Armijo	11 Pocatello	49.88Q
5 Taryn Larsen	10 Jerome	49.89
6 Maria Cabalo	12 Kuna	50.33
7 Brittany Groenhout	11 Sandpoint	50.90
8 Alicia Steinfeldt	9 Century	51.74

**Girls 300 Meter Hurdles 4A**


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Class Record: * 45.39	2004	Lauren Symmonds, Bishop Kelly
Overall: # 43.64	2004	McKenzie Walton, Skyline
Name	Year School	Finals Points

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## Section 1 Finals

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1 Emily Moranda	11 Mountain Home	46.14
2 Delaney Fox	10 Wood River	46.64
3 Chelsey Thayn	11 Emmett	47.56
4 Mckinzie Anderson	So Rigby	48.03
5 Alyssa Armijo	11 Pocatello	49.74
6 Francesca Hale	10 Mountain Home	49.77
7 Larissa Dehaas	11 Bishop Kelly	49.78
8 Andrea Adams	Fr Hillcrest	51.71

**Girls 4x100 Meter Relay 4A**


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Class Record: * 49.71 2004	Kuna
Overall: # 48.52 2004	Lake City
School	Finals Points

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## Section 1

1 Rigby 'A'	50.78
2 Jerome 'A'	50.90
3 Mountain Home 'A'	51.52
4 Bonneville 'A'	52.12
5 Minico 'A'	52.13
6 Middleton 'A'	52.22
7 Sandpoint 'A'	52.36
8 Hillcrest 'A'	52.44

**Girls 4x200 Meter Relay 4A**


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Class Record: * 1:45.15 2003	Century
Overall: # 1:42.61 2005	Twin Falls
School	Finals Points

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1 Rigby 'A'	1:47.34
2 Emmett 'A'	1:48.18
3 Minico 'A'	1:49.31
4 Preston 'A'	1:49.84
5 Middleton 'A'	1:50.72
6 Lakeland 'A'	1:50.82
7 Nampa 'A'	1:52.99
8 Blackfoot 'A'	1:54.05

**Girls 4x400 Meter Relay 4A**


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Class Record: * 4:00.98 2003	Bishop Kelly
Overall: # 3:57.36 1986	Capital
School	Finals Points

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1 Bonneville 'A'	4:04.59
2 Sandpoint 'A'	4:05.61
3 Emmett 'A'	4:05.62
4 Mountain Home 'A'	4:10.84
5 Preston 'A'	4:11.26
6 Kuna 'A'	4:11.92
7 Middleton 'A'	4:12.49
8 Minico 'A'	4:25.02

**Girls 800 Sprint Medley 4A**

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Class Record: \* 1:49.61 2004 Bishop Kelly  
 Overall: # 1:46.87 2000 Jerome  
 School Finals Points

1 Emmett 'A'	1:53.11
2 Middleton 'A'	1:53.12
3 Pocatello 'A'	1:53.21
4 Lakeland 'A'	1:53.82
5 Sandpoint 'A'	1:54.08
6 Preston 'A'	1:54.91
7 Rigby 'A'	1:55.34
8 Minico 'A'	1:55.42

**Girls High Jump 4A**

Class Record: \* 5-05 5/19/2005 Diana Blauer, Burley  
 Overall: # 6-01 1984 Lisa Bernhagen, Wood River  
 Name Year School Finals Points

## Flight 1

1 Diana Blauer	11 Burley	5-04.00
2 Brooke DeMers	11 Sandpoint	J5-02.00
2 Charlee Kinghorn	Sr Rigby	5-02.00
4 Cally Wilson	12 Moscow	J5-00.00
4 Terissa Sparks	12 Pocatello	5-00.00
6 Jenae Root	11 Middleton	4-10.00
6 Sarah Kaopio	09 Middleton	J4-10.00
6 Amber Thompson	So Rigby	J4-10.00
9 Danielle Dean	12 Mountain Home	4-08.00
9 Britani Storey	11 Emmett	J4-08.00
9 Courtney Walker	So Rigby	J4-08.00
9 Kendra Bailey	9 Minico	4-08.00
-- Angela Maestas	10 Skyview	NH
-- Kelsey Parker	9 Pocatello	NH
-- Macy Bekkedahl	12 Skyview	NH

**Girls Pole Vault 4A**

Class Record: \* 12-07 2002 Julene Bailey, Skyview  
 Overall: # 12-07 2002 Julene Bailey, Skyview  
 Name Year School Finals Points

1 Amber Thompson	So Rigby	10-06.00
2 Ariel Johnson	11 Moscow	10-00.00
2 Reve Tortel	Sr Bonneville	J10-00.00
4 Chyna Bailey	Sr Rigby	J9-06.00
4 Chelsea Haydock	12 Middleton	9-06.00
4 Alexis Folkinga	11 Jerome	J9-06.00
7 Mikea Barrie	10 Minico	9-00.00
8 Lindy Strasser	12 Middleton	8-06.00
8 Maria Cabalo	12 Kuna	J8-06.00
8 Vanessa Ward	11 Burley	J8-06.00
8 Abby Byrne	12 Moscow	J8-06.00

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12 Lori Pratt	12 Jerome	8-00.00
12 Sarah Nutsch	11 Jerome	J8-00.00
-- Kylee Grandeen	10 Middleton	NH
-- Melissa Phillips	11 Lakeland	NH
-- Joie Florence	10 Bishop Kelly	NH

**Girls Long Jump 4A**

Class Record: \* 18-01 2001 Tammy Stowe, Bishop Kelly

Overall: # 18-10.50 1983 Kirsten Jensen, Kendrick

Name	Year School	Finals Points
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1 Kaitlyn Smith	11 Middleton	16-02.00
2 Taylee King	9 Preston	15-11.50
3 Jasmyn Jewett	10 Mountain Home	15-10.75
4 Macy Bekkedahl	12 Skyview	15-06.25
5 Mary Slack	11 Skyview	15-06.00
6 Kristie Sigloh	10 Mountain Home	15-02.00
7 Katie Adams	12 Sandpoint	15-01.25
8 Megan Azevedo	10 Columbia	14-06.50

## Flight 2

1 Jordan Cornelison	So Rigby	18-02.75*
2 Elena Riggerbach	11 Jerome	17-05.25
3 Molly Reid	11 Jerome	17-01.25
4 Terissa Sparks	12 Pocatello	16-10.25
5 Shandi Weaver	Jr Rigby	16-04.50
6 Dani Ramirez	12 Minico	15-08.50
7 Cally Wilson	12 Moscow	15-02.00
8 Heidi Saville	Sr Bonneville	15-01.50

**Girls Triple Jump 4A**

Class Record: \* 37-01.50 2001 Tammy Stowe, Bishop Kelly

Overall: # 39-02.50 2000 Jessica Zatica, Homedale

Name	Year School	Finals Points
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## Flight 1

1 Elena Riggerbach	11 Jerome	35-07.75
2 Jasmyn Jewett	10 Mountain Home	33-07.25
3 Alyssa Saltzgaber	12 Mountain Home	33-05.00
4 Megan Parrish	12 Jerome	32-06.50
5 Rachel Dickerson	12 Kuna	31-11.75
6 Chanel Garcia	12 Sandpoint	31-11.25
7 Brittany Groenhout	11 Sandpoint	31-06.50
8 Kyrstie Stroebel	11 Kuna	30-04.50
9 Juli Birch	9 Burley	29-04.75

## Flight 2

1 Terissa Sparks	12 Pocatello	37-02.50*
2 Jordan Cornelison	So Rigby	35-11.50
3 Heidi Saville	Sr Bonneville	34-11.00
4 Shalyse Olsen	So Rigby	33-10.25
5 Mckinzie Anderson	So Rigby	33-07.75
6 Courtney Walker	So Rigby	33-06.00
7 Dani Ramirez	12 Minico	32-11.50



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8 LeNeesha Moore      11 Mountain Home      32-07.00  
 9 Macy Bekkedahl      12 Skyview      31-11.50

**Girls Shot Put 4A**

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 Class Record: \* 43-10.50 5/18/2006 Kelsey Taylor, Moscow

Overall: # 49-05.25 2001 Hollie Tyler, Leadore

Name	Year School	Finals Points
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## Flight 1

1 Kendal Pyper	Sr Hillcrest	34-02.00
2 Tinley Garey	9 Jerome	32-11.00
3 Kaitlin Lewis	So Bonneville	32-02.00
4 Selina Miles	09 Moscow	31-05.00
5 Jordan Hollifield	10 Jerome	30-11.00
6 Emily Ward	10 Century	29-01.00
7 Sheyla Zuniga	12 Jerome	28-06.50
8 Brook Wheatley	11 Preston	25-10.00

## Flight 2

1 Nikkie Rudder	10 Skyview	42-03.50
2 Mesa Middleton	11 Emmett	41-02.50
3 Kristine Leonard	11 Lakeland	J37-08.00
3 Rocio Caballero-Lopez	12 Century	37-08.00
5 Carley Dranginis	10 Skyview	36-10.00
6 Taylor Madsen	11 Emmett	34-07.00
7 Lindy Lower	12 Middleton	34-05.00
8 Kayla Critcher	12 Kuna	33-05.50

**Girls Discus Throw 4A**

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 Class Record: \* 153-09 5/18/2006 Sarah Cardinal, Blackfoot

Overall: # 154-04 2001 Hollie Tyler, Leadore

Name	Year School	Finals Points
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## Flight 1

1 Amanda Moe	11 Columbia	100-03
2 Sila Vasi	10 Skyview	97-00
3 Kim Poulson	Sr Bonneville	92-07
4 Megan Osterhout	9 Minico	91-08
5 Jordan Hollifield	10 Jerome	84-10
6 Erica Browning	10 Minico	67-01
-- Christina Johnson	09 Sandpoint	FOUL
-- Crystal Sklar	Jr Hillcrest	FOUL

## Flight 2

1 Rocio Caballero-Lopez	12 Century	117-07
2 Mesa Middleton	11 Emmett	116-02
3 Kristine Leonard	11 Lakeland	113-04
4 Nikkie Rudder	10 Skyview	110-09
5 Lindy Lower	12 Middleton	107-09
6 Sheyla Zuniga	12 Jerome	105-03
7 Tristian Rasmussen	12 Minico	98-02
8 Nicole Bruce	12 Bishop Kelly	81-01