

Idaho Track & Field - 5/17/2007 to 5/19/2007
2007 Idaho State Track & Field Championships
Boise State University - Boise, Idaho
Results

Girls 100 Meter Dash 5A

Class Record: * 12.07 1989 Julie Briggs, Highland, Pocat

Overall: # 12.07 1989 Julie Briggs, Highland, Pocat

| Name | Year School | Prelims |
|------|-------------|---------|
|------|-------------|---------|

Heat 1 Preliminaries

| | | |
|---------------------|---------------|--------|
| 1 Camille Marchand | Jr Highland | 12.15Q |
| 2 La Shawn Williams | 12 Boise | 12.41Q |
| 3 Allyssa Laritz | 11 Meridian | 12.77Q |
| 3 Malia Hendrix | 12 Timberline | 12.77Q |
| 5 Megan Blake | 09 Lewiston | 13.10 |
| 6 Lisa Duval | 11 Post Falls | 13.21 |
| 7 Christi Avery | 9 Capital | 13.29 |
| 8 Kaitlyn Nelson | 12 Borah | 13.38 |

Heat 2 Preliminaries

| | | |
|---------------------|----------------|--------|
| 1 Daria Johnson | 12 Centennial | 12.53Q |
| 2 Dana Lapinel | 9 Boise | 12.76Q |
| 3 Kelsie Latimore | Jr Highland | 12.97Q |
| 4 Michelle Stultz | Sr Skyline | 13.08Q |
| 5 Madison Fisher | Sr Twin Falls | 13.14 |
| 6 Stephanie Dilulo | 10 Meridian | 13.24 |
| 7 Angela Richardson | Jr Idaho Falls | 13.28 |
| 8 Tabitha Mabrey | 12 Lake City | 13.77 |

Girls 100 Meter Dash 5A

Class Record: * 12.07 1989 Julie Briggs, Highland, Pocatello

Overall: # 12.07 1989 Julie Briggs, Highland, Pocatello

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

Section 1 Finals

| | | |
|---------------------|---------------|-------|
| 1 Camille Marchand | Jr Highland | 12.26 |
| 2 La Shawn Williams | 12 Boise | 12.37 |
| 3 Daria Johnson | 12 Centennial | 12.46 |
| 4 Allyssa Laritz | 11 Meridian | 12.58 |
| 5 Dana Lapinel | 9 Boise | 12.71 |
| 6 Malia Hendrix | 12 Timberline | 12.80 |
| 7 Kelsie Latimore | Jr Highland | 12.98 |
| 8 Michelle Stultz | Sr Skyline | 13.37 |

Girls 200 Meter Dash 5A

Class Record: * 24.86 1988 Julie Briggs, Highland

Overall: # 24.86 1988 Julie Briggs, Highland, Pocat

| Name | Year School | Prelims |
|------|-------------|---------|
|------|-------------|---------|

Heat 1 Preliminaries

| | | |
|----------------------|------------------|--------|
| 1 Courtney Danielson | 10 Vallivue | 25.24Q |
| 2 La Shawn Williams | 12 Boise | 25.56Q |
| 3 Allyssa Laritz | 11 Meridian | 26.12Q |
| 4 Dana Lapinel | 9 Boise | 26.31Q |
| 5 Jana DeWitt | 12 Mountain View | 26.87 |
| 5 Mercedes Blackwood | So Twin Falls | 26.87 |

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| | | |
|----------------------|------------------|--------|
| 7 Circe Cansino | 12 Post Falls | 27.03 |
| 8 Jessica Burt | Jr Idaho Falls | 27.72 |
| Heat 2 Preliminaries | | |
| 1 Camille Marchand | Jr Highland | 25.34Q |
| 2 Daria Johnson | 12 Centennial | 25.80Q |
| 3 Kelsie Latimore | Jr Highland | 26.45Q |
| 4 Stephanie Dilulo | 10 Meridian | 26.55Q |
| 5 Rachael Collins | 12 Mountain View | 26.61 |
| 6 Angela Richardson | Jr Idaho Falls | 26.63 |
| 7 Bri Gordon | 12 Lake City | 27.20 |
| 8 Hailey Byrne | 10 Post Falls | 27.86 |

Girls 200 Meter Dash 5A

| | | |
|---|-------------|---------------|
| Class Record: * 24.86 1988 Julie Briggs, Highland | | |
| Overall: # 24.86 1988 Julie Briggs, Highland, Pocatello | | |
| Name | Year School | Finals Points |

Section 1 Finals

| | | |
|----------------------|---------------|-------|
| 1 Camille Marchand | Jr Highland | 25.28 |
| 2 Courtney Danielson | 10 Vallivue | 25.38 |
| 3 La Shawn Williams | 12 Boise | 25.64 |
| 4 Allyssa Laritz | 11 Meridian | 26.02 |
| 5 Daria Johnson | 12 Centennial | 26.25 |
| 6 Kelsie Latimore | Jr Highland | 26.62 |
| 7 Dana Lapinel | 9 Boise | 26.66 |
| 8 Stephanie Dilulo | 10 Meridian | 26.90 |

Girls 400 Meter Dash 5A

| | | |
|---|-------------|---------|
| Class Record: * 56.39 1986 Kristie Bergeson, Borah | | |
| Overall: # 55.98 2000 Danielle Pridgen, Nampa Chris | | |
| Name | Year School | Prelims |

Heat 1 Preliminaries

| | | |
|----------------------|------------------|----------|
| 1 Dana Lapinel | 9 Boise | 59.00Q |
| 2 Samantha Thayne | Jr Highland | 59.16Q |
| 3 Alyssa Covington | 11 Borah | 59.37Q |
| 4 Holly Hoagland | 12 Mountain View | 1:00.62Q |
| 5 Dayna Drager | 09 Coeur d'Alene | 1:01.96 |
| 6 Jayme Doeringsfeld | 12 Lewiston | 1:02.52 |
| 7 Anyslee Stuart | 10 Post Falls | 1:02.73 |
| 8 Kasey Barnhill | 11 Timberline | 1:03.59 |

Heat 2 Preliminaries

| | | |
|----------------------|---------------|----------|
| 1 Meagan Platt | 11 Borah | 58.92Q |
| 2 Kacy Wessels | 12 Lewiston | 59.39Q |
| 3 Lisa Drury | 10 Eagle | 59.72Q |
| 4 Brittney Karl | So Madison | 1:00.03Q |
| 5 Shanna Rippey | 10 Timberline | 1:00.21 |
| 6 Joanna Kraft | 10 Eagle | 1:00.98 |
| 7 Courtney Thayne | Fr Highland | 1:02.11 |
| 8 Aubry Schvaneveldt | So Twin Falls | 1:05.92 |

Girls 400 Meter Dash 5A

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Class Record: * 56.39 1986 Kristie Bergeson, Borah
 Overall: # 55.98 2000 Danielle Pridgen, Nampa Christian

| Name | Year School | Finals | Points |
|-------------------------|------------------|--------|--------|
| Section 1 Finals | | | |
| 1 Alyssa Covington | 11 Borah | 58.34 | |
| 2 Samantha Thayne | Jr Highland | 58.67 | |
| 3 Meagan Platt | 11 Borah | 58.96 | |
| 4 Lisa Drury | 10 Eagle | 59.22 | |
| 5 Holly Hoagland | 12 Mountain View | 59.41 | |
| 5 Dana Lapinel | 9 Boise | J59.41 | |
| 7 Kacy Wessels | 12 Lewiston | 59.47 | |
| 8 Brittney Karl | So Madison | 59.72 | |

Girls 800 Meter Run 5A

Class Record: * 2:14.66 5/20/2005 Breanna Sande, Lake City
 Overall: # 2:13.91 2001 Danielle Pridgen, Nampa Christian

| Name | Year School | Finals | Points |
|----------------------|------------------|---------|--------|
| Section 1 | | | |
| 1 Sara Shields | 10 Timberline | 2:17.44 | |
| 2 Sarah Olson | 10 Boise | 2:17.49 | |
| 3 Jacque Sahlberg | 11 Boise | 2:19.22 | |
| 4 Anne Lovelace | 11 Boise | 2:19.78 | |
| 5 Lauren Schaffer | 11 Timberline | 2:20.16 | |
| 6 Rachael Park | 12 Lewiston | 2:21.27 | |
| 7 Marissa Sanchez | Jr Twin Falls | 2:21.75 | |
| 8 Alexi Hawkins | 10 Mountain View | 2:23.11 | |
| 9 Alex Litzsinger | So Highland | 2:23.87 | |
| 10 Victoria Hokenson | 11 Lewiston | 2:24.33 | |
| 11 Chelsea Heffner | 11 Mountain View | 2:24.40 | |
| 12 Angie Whalen | 10 Post Falls | 2:25.93 | |
| 13 Hannah Thatcher | Fr Madison | 2:26.82 | |
| 14 Maddie Crookham | 09 Caldwell | 2:26.85 | |
| 15 Kayla Hansen | So Idaho Falls | 2:27.57 | |
| 16 Janie Perez | 11 Lewiston | 2:27.69 | |

Girls 1600 Meter Run 5A

Class Record: * 4:59.45 5/19/2006 Dana Morgan, Boise
 Overall: # 4:59.45 5/19/2006 Dana Morgan, Boise

| Name | Year School | Finals | Points |
|---------------------|------------------|---------|--------|
| 1 Nicole Nielsen | 10 Borah | 5:03.58 | |
| 2 Erica Wendt | Sr Skyline | 5:06.67 | |
| 3 Anna Stone | 12 Coeur d'Alene | 5:07.38 | |
| 4 Sarah Olson | 10 Boise | 5:08.02 | |
| 5 Anne Lovelace | 11 Boise | 5:08.08 | |
| 6 Bug Simmons | 10 Mountain View | 5:08.91 | |
| 7 Jacque Sahlberg | 11 Boise | 5:10.18 | |
| 8 Alex Litzsinger | So Highland | 5:18.96 | |
| 9 Carly Gerard | 12 Capital | 5:19.48 | |
| 10 Karleigh Gempler | 12 Borah | 5:20.64 | |

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| | | |
|---------------------|---------------|---------|
| 11 Angie Whalen | 10 Post Falls | 5:21.65 |
| 12 Bradi Hutchison | Jr Highland | 5:28.21 |
| 13 Liz Brandon | 9 Eagle | 5:30.26 |
| 14 Molly Mitchell | 10 Lake City | 5:30.99 |
| 15 Rhianna Grossman | 09 Lake City | 5:31.65 |
| 16 Dani Bates | So Twin Falls | 5:33.14 |

Girls 3200 Meter Run 5A

Class Record: * 10:59.81 1997 Susan Werner, Boise
 Overall: # 10:55.19 1993 Angie Mathison, Highland, Craigmo

| Name | Year School | Finals Points |
|------|-------------|---------------|
|------|-------------|---------------|

| | | |
|----------------------|------------------|----------|
| 1 Nicole Nielsen | 10 Borah | 11:01.98 |
| 2 Anne Lovelace | 11 Boise | 11:09.84 |
| 3 Anna Stone | 12 Coeur d'Alene | 11:10.45 |
| 4 Karleigh Gempler | 12 Borah | 11:13.70 |
| 5 Sarah Olson | 10 Boise | 11:17.27 |
| 6 Jacque Sahlberg | 11 Boise | 11:21.36 |
| 7 Erica Wendt | Sr Skyline | 11:24.49 |
| 8 Bug Simmons | 10 Mountain View | 11:42.96 |
| 9 Carly Gerard | 12 Capital | 11:43.18 |
| 10 Bradi Hutchison | Jr Highland | 11:46.62 |
| 11 Rebekah McGourty | 12 Boise | 11:47.24 |
| 12 Jaymee Novosel | So Highland | 11:54.88 |
| 13 Dani Bates | So Twin Falls | 11:55.54 |
| 14 Molly Mitchell | 10 Lake City | 12:12.07 |
| 15 Victoria Hokenson | 11 Lewiston | 12:38.98 |
| 16 Katie Murray | So Idaho Falls | 12:41.47 |

Girls 100 Meter Hurdles 5A

Class Record: * 14.45 5/19/2006 Tia Lumpkin, Skyline

Overall: # 14.45 5/19/2006 Tia Lumpkin, Skyline

| Name | Year School | Prelims |
|------|-------------|---------|
|------|-------------|---------|

Heat 1 Preliminaries

| | | |
|-------------------|------------------|--------|
| 1 Holly Hoagland | 12 Mountain View | 15.11Q |
| 2 Jenne Childs | 11 Timberline | 15.25Q |
| 3 Sam Neilson | 10 Capital | 15.85Q |
| 4 Caitlin Warbis | 12 Centennial | 16.19Q |
| 5 Tiffany Kuehn | 09 Lake City | 16.48 |
| 6 BreAnna Craig | Sr Idaho Falls | 16.51 |
| 7 Shelby Thornton | 9 Meridian | 16.56 |
| 8 Kelsey Wheeler | 10 Coeur d'Alene | 17.21 |

Heat 2 Preliminaries

| | | |
|------------------|------------------|--------|
| 1 Tierra Lumpkin | Sr Skyline | 14.69Q |
| 2 Chari Hawkins | Fr Madison | 15.93Q |
| 3 Arica Johnson | 12 Lake City | 16.04Q |
| 4 Eden Rasmussen | Jr Idaho Falls | 16.19Q |
| 5 Holly Miller | 11 Timberline | 16.81 |
| 6 Maria Haney | 09 Centennial | 16.96 |
| 7 Hanna Johnson | 10 Coeur d'Alene | 17.03 |
| 8 Hailey Wood | 12 Vallivue | 20.12 |

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Girls 100 Meter Hurdles 5A

Class Record: * 14.45 5/19/2006 Tia Lumpkin, Skyline

Overall: # 14.45 5/19/2006 Tia Lumpkin, Skyline

| Name | Year School | Finals Points |
|------|-------------|---------------|
|------|-------------|---------------|

Section 1 Finals

| | | | |
|---|----------------|------------------|-------|
| 1 | Tierra Lumpkin | Sr Skyline | 14.48 |
| 2 | Jenne Childs | 11 Timberline | 15.21 |
| 3 | Holly Hoagland | 12 Mountain View | 15.23 |
| 4 | Sam Neilson | 10 Capital | 15.82 |
| 5 | Chari Hawkins | Fr Madison | 16.15 |
| 6 | Arica Johnson | 12 Lake City | 16.17 |
| 7 | Caitlin Warbis | 12 Centennial | 16.39 |
| 8 | Eden Rasmussen | Jr Idaho Falls | 16.54 |

Girls 300 Meter Hurdles 5A

Class Record: * 43.64 2004 McKenzie Walton, Skyline

Overall: # 43.64 2004 McKenzie Walton, Skyline

| Name | Year School | Prelims |
|------|-------------|---------|
|------|-------------|---------|

Heat 1 Preliminaries

| | | | |
|---|----------------|----------------|--------|
| 1 | Tierra Lumpkin | Sr Skyline | 45.68Q |
| 2 | Arica Johnson | 12 Lake City | 46.77Q |
| 3 | Janie Perez | 11 Lewiston | 46.79Q |
| 4 | Eden Rasmussen | Jr Idaho Falls | 48.21Q |
| 5 | Dana Werner | 12 Post Falls | 48.97 |
| 6 | Auna Charlton | 10 Borah | 49.14 |
| 7 | Maria Haney | 09 Centennial | 49.25 |
| 8 | Monica Ragan | 12 Boise | 51.34 |

Heat 2 Preliminaries

| | | | |
|---|----------------|---------------|--------|
| 1 | Sam Neilson | 10 Capital | 45.90Q |
| 2 | Ashley Irons | Sr Twin Falls | 46.27Q |
| 3 | Amy Ciaccio | 12 Centennial | 47.29Q |
| 4 | Erin Harris | Sr Skyline | 47.52Q |
| 5 | Jaelyn Coleman | 11 Centennial | 48.24 |
| 6 | Hailey Wood | 12 Vallivue | 48.93 |
| 7 | Kacie Shields | 09 Post Falls | 49.41 |
| 8 | Holly Miller | 11 Timberline | 49.69 |

Girls 300 Meter Hurdles 5A

Class Record: * 43.64 2004 McKenzie Walton, Skyline

Overall: # 43.64 2004 McKenzie Walton, Skyline

| Name | Year School | Finals Points |
|------|-------------|---------------|
|------|-------------|---------------|

Section 1 Finals

| | | | |
|---|----------------|---------------|-------|
| 1 | Tierra Lumpkin | Sr Skyline | 44.20 |
| 2 | Arica Johnson | 12 Lake City | 45.59 |
| 3 | Ashley Irons | Sr Twin Falls | 46.08 |
| 4 | Amy Ciaccio | 12 Centennial | 46.50 |
| 5 | Erin Harris | Sr Skyline | 47.16 |
| 6 | Janie Perez | 11 Lewiston | 47.33 |

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| | | |
|------------------|----------------|-------|
| 7 Sam Neilson | 10 Capital | 47.38 |
| 8 Eden Rasmussen | Jr Idaho Falls | 47.56 |

Girls 4x100 Meter Relay 5A

| | | |
|-----------------------|------|---------------|
| Class Record: * 48.52 | 2004 | Lake City |
| Overall: # 48.52 | 2004 | Lake City |
| School | | Finals Points |

Section 1

| | |
|------------------|-------|
| 1 Meridian 'A' | 49.36 |
| 2 Centennial 'A' | 49.83 |
| 3 Timberline 'A' | 49.90 |
| 4 Highland 'A' | 50.45 |
| 5 Twin Falls 'A' | 50.51 |
| 6 Skyline 'A' | 50.74 |
| 7 Lake City 'A' | 51.83 |
| -- Boise 'A' | DQ |

Girls 4x200 Meter Relay 5A

| | | |
|-------------------------|-----------|------------------------|
| Class Record: * 1:42.61 | 5/20/2005 | Twin Falls, Twin Falls |
| Overall: # 1:42.61 | 5/20/2005 | Twin Falls, Twin Falls |
| School | | Finals Points |

| | |
|---------------------|---------|
| 1 Meridian 'A' | 1:45.06 |
| 2 Mountain View 'A' | 1:45.20 |
| 3 Lewiston 'A' | 1:45.54 |
| 4 Twin Falls 'A' | 1:46.09 |
| 5 Borah 'A' | 1:46.39 |
| 6 Vallivue 'A' | 1:47.73 |
| 7 Skyline 'A' | 1:47.95 |
| 8 Post Falls 'A' | 1:48.09 |

Girls 4x400 Meter Relay 5A

| | | |
|-------------------------|------|---------------|
| Class Record: * 3:57.36 | 1986 | Capital |
| Overall: # 3:57.36 | 1986 | Capital |
| School | | Finals Points |

| | |
|------------------|---------|
| 1 Timberline 'A' | 3:58.49 |
| 2 Lewiston 'A' | 4:03.90 |
| 3 Centennial 'A' | 4:04.52 |
| 4 Borah 'A' | 4:04.63 |
| 5 Vallivue 'A' | 4:05.68 |
| 6 Twin Falls 'A' | 4:06.67 |
| 7 Highland 'A' | 4:08.64 |
| 8 Madison 'A' | 4:09.52 |

Girls 800 Sprint Medley 5A

| | | |
|-------------------------|------|---------------|
| Class Record: * 1:46.87 | 2000 | Jerome |
| Overall: # 1:46.87 | 2000 | Jerome |
| School | | Finals Points |

| | |
|------------------|---------|
| 1 Timberline 'A' | 1:48.77 |
|------------------|---------|

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| | |
|---------------------|---------|
| 2 Highland 'A' | 1:49.18 |
| 3 Mountain View 'A' | 1:49.62 |
| 4 Borah 'A' | 1:49.65 |
| 5 Vallivue 'A' | 1:50.37 |
| 6 Madison 'A' | 1:51.21 |
| 7 Lewiston 'A' | 1:51.32 |
| 8 Centennial 'A' | 1:52.52 |

Girls High Jump 5A

Class Record: * 5-10 1991 Corissa Yasen, Coeur d'Alene

Overall: # 6-01 1984 Lisa Bernhagen, Wood River

| Name | Year School | Finals Points |
|------|-------------|---------------|
|------|-------------|---------------|

Flight 1

| | | |
|-----------------------|------------------|----------|
| 1 Lisa Bishop | Sr Idaho Falls | 5-02.00 |
| 1 Michelle Glass | 10 Borah | J5-02.00 |
| 3 Ashley Schmidt-Carr | 12 Centennial | 5-00.00 |
| 3 Valerie Jenkins | 9 Vallivue | J5-00.00 |
| 3 Eden Rasmussen | Jr Idaho Falls | J5-00.00 |
| 3 Chari Hawkins | Fr Madison | 5-00.00 |
| 3 Tiffany Kuehn | 09 Lake City | J5-00.00 |
| 8 Sandy Martin | 10 Lewiston | 4-10.00 |
| 8 Katie Rosenwinkel | Sr Skyline | J4-10.00 |
| 8 Aubree Grover | Jr Madison | 4-10.00 |
| 8 Amber Clontz | Twin Falls | J4-10.00 |
| 8 Danielle Valentine | 11 Vallivue | J4-10.00 |
| 13 Breanne VanEvery | Highland | 4-08.00 |
| 13 Abigail Van Hoogen | 9 Borah | 4-08.00 |
| 13 Kaydi Blackstock | 9 Borah | J4-08.00 |
| 13 Erin Kelly | So Madison | J4-08.00 |
| -- Ellie Matz | 09 Coeur d'Alene | NH |
| -- Amanda Wilson | 10 Meridian | NH |
| -- Anna Teinert | 10 Boise | NH |

Girls Pole Vault 5A

Class Record: * 12-06 5/19/2005 Annelise Bertleson, Borah

Overall: # 12-07 2002 Julene Bailey, Skyview

| Name | Year School | Finals Points |
|------|-------------|---------------|
|------|-------------|---------------|

| | | |
|----------------------|----------------|-----------|
| 1 Ashley Godsey | 12 Centennial | 12-00.00 |
| 2 BreAnna Craig | Sr Idaho Falls | 11-00.00 |
| 3 Tina Connolly | 12 Boise | 10-06.00 |
| 3 Theresa Waybright | 10 Borah | J10-06.00 |
| 5 Brenna Lawson | 12 Lake City | 10-00.00 |
| 6 Danielle Valentine | 11 Vallivue | J9-06.00 |
| 6 Jolyn Wendt | So Skyline | 9-06.00 |
| 8 Becca Clark | 9 Meridian | 9-00.00 |
| 9 Amanda Hild | 12 Capital | 8-06.00 |
| 9 Caitlin Maulin | 9 Boise | J8-06.00 |
| 11 Rhianna Grossman | 09 Lake City | 8-00.00 |
| 11 Callan McGriff | So Idaho Falls | 8-00.00 |
| 11 Megan Blake | 09 Lewiston | 8-00.00 |

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-- Natalie Keith 11 Coeur d'Alene NH
 -- Cassidy Coy 10 Lewiston NH
 -- Meagan Slendorn 12 Centennial NH
 -- Aubry Schvaneveldt So Twin Falls NH

Girls Long Jump 5A

=====
 Class Record: * 18-10.25 1983 Macie Miller, Twin Falls

Overall: # 18-10.50 1983 Kirsten Jensen, Kendrick

| Name | Year School | Finals Points |
|----------------------|----------------|---------------|
| 1 Circe Cansino | 12 Post Falls | 16-06.50 |
| 2 Caitlin Beausoleil | Sr Skyline | 16-05.50 |
| 3 Chari Hawkins | Fr Madison | 16-01.25 |
| 4 Katy Tai | 12 Centennial | 16-00.25 |
| 5 Tiffany Kuehn | 09 Lake City | 15-05.25 |
| 6 Lauren McNamara | So Idaho Falls | 15-02.00 |
| 7 Danielle Keating | Jr Twin Falls | 15-01.50 |
| 8 Rebecca Anderson | 10 Lewiston | 15-00.75 |

Flight 2

| | | |
|--------------------|---------------|-----------|
| 1 Alyssa Covington | 11 Borah | 17-07.25 |
| 2 Kaydi Blackstock | 9 Borah | 16-10.00 |
| 3 Taylor Hagood | 09 Centennial | 16-08.00 |
| 4 Ashley Godsey | 12 Centennial | 16-06.75 |
| 5 Hailey Bull | 10 Vallivue | J16-00.25 |
| 6 Colleen Carberry | 12 Boise | 15-03.75 |
| -- Sam Neilson | 10 Capital | FOUL |
| -- Tierra Lumpkin | Sr Skyline | FOUL |

Girls Triple Jump 5A

=====
 Class Record: * 38-02.50 1987 Dana Cowen, Twin Falls

Overall: # 39-02.50 2000 Jessica Zatica, Homedale

| Name | Year School | Finals Points |
|--------------------|----------------|---------------|
| 1 Jolyn Wendt | So Skyline | 34-02.00 |
| 2 Kayla Ruzicka | 11 Borah | J32-09.50 |
| 3 Robin Lynch | 12 Lake City | J32-08.25 |
| 4 Ashley Ward | Jr Skyline | 32-06.25 |
| 5 Eden Rasmussen | Jr Idaho Falls | 32-03.75 |
| 6 Rebecca Anderson | 10 Lewiston | 31-10.75 |
| 7 Abbi Greene | So Highland | 30-07.75 |
| 8 Cassidy Coy | 10 Lewiston | 30-01.25 |

Flight 2

| | | |
|---------------------|---------------|-----------|
| 1 Sam Neilson | 10 Capital | 37-00.75 |
| 2 Taylor Hagood | 09 Centennial | 36-10.00 |
| 3 Alyssa Covington | 11 Borah | 35-04.25 |
| 4 Melissa Williams | 12 Centennial | J34-05.00 |
| 4 Ashley Godsey | 12 Centennial | 34-05.00 |
| 6 Rachel Lane | 10 Meridian | 33-04.50 |
| 7 Eden Atkinson | 10 Timberline | 32-06.75 |
| 8 Katie Rosenwinkel | Sr Skyline | 32-06.25 |

Girls Shot Put 5A

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Class Record: * 45-08 1988 Lisa White, Skyline
 Overall: # 49-05.25 2001 Hollie Tyler, Leadore
 Name Year School Finals Points

Flight 1

| | | |
|---------------------|------------------|----------|
| 1 Jodie Hunter | Jr Idaho Falls | 34-11.00 |
| 2 Marissa Armour | 10 Coeur d'Alene | 34-02.50 |
| 3 Rebecca Bauman | 09 Post Falls | 33-00.00 |
| 4 Arielle Taylor | 10 Borah | 31-07.00 |
| 5 Jessica Sosnowski | 10 Centennial | 31-00.50 |
| 6 Nmayen Ironbar | 11 Mountain View | 30-08.50 |
| 7 Brenna Morlock | 10 Lewiston | 30-07.00 |
| 8 Kelsei Moyle | 11 Eagle | 29-04.50 |

Flight 2

| | | |
|-----------------------|---------------|----------|
| 1 Brittany Wright | Sr Madison | 40-08.00 |
| 2 Kristin Wiberg | 11 Centennial | 39-05.50 |
| 3 Maryn Pincock | 11 Borah | 36-11.00 |
| 4 Maggie Burton | Jr Madison | 34-08.50 |
| 5 Hallie Koeppen | 9 Eagle | 34-03.00 |
| 6 Melannie Mclaughlin | 11 Caldwell | 34-01.50 |
| 7 Risa Casperson | Sr Twin Falls | 32-10.00 |
| 8 Juliann Kniffin | Jr Highland | 32-00.00 |

Girls Discus Throw 5A

Class Record: * 148-07 1988 Lisa White, Skyline
 Overall: # 154-04 2001 Hollie Tyler, Leadore
 Name Year School Finals Points

Flight 1

| | | |
|-------------------|------------------|--------|
| 1 Marissa Armour | 10 Coeur d'Alene | 107-10 |
| 2 Audrey Gatewood | 11 Eagle | 105-02 |
| 3 Rebecca Bauman | 09 Post Falls | 102-05 |
| 4 Hannah Ballou | 10 Mountain View | 98-02 |
| 5 Karissa Yost | 11 Caldwell | 95-07 |
| 6 Guro Sogn | 11 Eagle | 89-10 |
| 7 Sierra Chapple | Fr Twin Falls | 84-06 |
| 8 Megan Heesch | 10 Mountain View | 83-03 |

Flight 2

| | | |
|-----------------------|------------------|--------|
| 1 Brittany Wright | Sr Madison | 125-10 |
| 2 Risa Casperson | Sr Twin Falls | 118-11 |
| 3 Sheena Brumbelow | 12 Mountain View | 110-10 |
| 4 Emma Filiaga | So Highland | 109-04 |
| 5 Maryn Pincock | 11 Borah | 107-00 |
| 6 Brenna Morlock | 10 Lewiston | 104-03 |
| 7 Camille Lamb | So Madison | 104-02 |
| 8 Melannie Mclaughlin | 11 Caldwell | 101-06 |