

**Idaho Track & Field - 5/17/2007 to 5/19/2007**  
**2007 Idaho State Track & Field Championships**  
**Boise State University - Boise, Idaho**  
**Results**

**Girls 100 Meter Dash 5A**


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Class Record: \* 12.07 1989 Julie Briggs, Highland, Pocat

Overall: # 12.07 1989 Julie Briggs, Highland, Pocat

Name	Year School	Prelims
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## Heat 1 Preliminaries

1 Camille Marchand	Jr Highland	12.15Q
2 La Shawn Williams	12 Boise	12.41Q
3 Allyssa Laritz	11 Meridian	12.77Q
3 Malia Hendrix	12 Timberline	12.77Q
5 Megan Blake	09 Lewiston	13.10
6 Lisa Duval	11 Post Falls	13.21
7 Christi Avery	9 Capital	13.29
8 Kaitlyn Nelson	12 Borah	13.38

## Heat 2 Preliminaries

1 Daria Johnson	12 Centennial	12.53Q
2 Dana Lapinel	9 Boise	12.76Q
3 Kelsie Latimore	Jr Highland	12.97Q
4 Michelle Stultz	Sr Skyline	13.08Q
5 Madison Fisher	Sr Twin Falls	13.14
6 Stephanie Dilulo	10 Meridian	13.24
7 Angela Richardson	Jr Idaho Falls	13.28
8 Tabitha Mabrey	12 Lake City	13.77

**Girls 100 Meter Dash 5A**


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Class Record: \* 12.07 1989 Julie Briggs, Highland, Pocatello

Overall: # 12.07 1989 Julie Briggs, Highland, Pocatello

Name	Year School	Finals	Points
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## Section 1 Finals

1 Camille Marchand	Jr Highland	12.26
2 La Shawn Williams	12 Boise	12.37
3 Daria Johnson	12 Centennial	12.46
4 Allyssa Laritz	11 Meridian	12.58
5 Dana Lapinel	9 Boise	12.71
6 Malia Hendrix	12 Timberline	12.80
7 Kelsie Latimore	Jr Highland	12.98
8 Michelle Stultz	Sr Skyline	13.37

**Girls 200 Meter Dash 5A**


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Class Record: \* 24.86 1988 Julie Briggs, Highland

Overall: # 24.86 1988 Julie Briggs, Highland, Pocat

Name	Year School	Prelims
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## Heat 1 Preliminaries

1 Courtney Danielson	10 Vallivue	25.24Q
2 La Shawn Williams	12 Boise	25.56Q
3 Allyssa Laritz	11 Meridian	26.12Q
4 Dana Lapinel	9 Boise	26.31Q
5 Jana DeWitt	12 Mountain View	26.87
5 Mercedes Blackwood	So Twin Falls	26.87

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7 Circe Cansino	12 Post Falls	27.03
8 Jessica Burt	Jr Idaho Falls	27.72
Heat 2 Preliminaries		
1 Camille Marchand	Jr Highland	25.34Q
2 Daria Johnson	12 Centennial	25.80Q
3 Kelsie Latimore	Jr Highland	26.45Q
4 Stephanie Dilulo	10 Meridian	26.55Q
5 Rachael Collins	12 Mountain View	26.61
6 Angela Richardson	Jr Idaho Falls	26.63
7 Bri Gordon	12 Lake City	27.20
8 Hailey Byrne	10 Post Falls	27.86

**Girls 200 Meter Dash 5A**


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Class Record: * 24.86 1988 Julie Briggs, Highland		
Overall: # 24.86 1988 Julie Briggs, Highland, Pocatello		
Name	Year School	Finals Points

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## Section 1 Finals

1 Camille Marchand	Jr Highland	25.28
2 Courtney Danielson	10 Vallivue	25.38
3 La Shawn Williams	12 Boise	25.64
4 Allyssa Laritz	11 Meridian	26.02
5 Daria Johnson	12 Centennial	26.25
6 Kelsie Latimore	Jr Highland	26.62
7 Dana Lapinel	9 Boise	26.66
8 Stephanie Dilulo	10 Meridian	26.90

**Girls 400 Meter Dash 5A**


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Class Record: * 56.39 1986 Kristie Bergeson, Borah		
Overall: # 55.98 2000 Danielle Pridgen, Nampa Chris		
Name	Year School	Prelims

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## Heat 1 Preliminaries

1 Dana Lapinel	9 Boise	59.00Q
2 Samantha Thayne	Jr Highland	59.16Q
3 Alyssa Covington	11 Borah	59.37Q
4 Holly Hoagland	12 Mountain View	1:00.62Q
5 Dayna Drager	09 Coeur d'Alene	1:01.96
6 Jayme Doeringsfeld	12 Lewiston	1:02.52
7 Anyslee Stuart	10 Post Falls	1:02.73
8 Kasey Barnhill	11 Timberline	1:03.59

## Heat 2 Preliminaries

1 Meagan Platt	11 Borah	58.92Q
2 Kacy Wessels	12 Lewiston	59.39Q
3 Lisa Drury	10 Eagle	59.72Q
4 Brittney Karl	So Madison	1:00.03Q
5 Shanna Rippey	10 Timberline	1:00.21
6 Joanna Kraft	10 Eagle	1:00.98
7 Courtney Thayne	Fr Highland	1:02.11
8 Aubry Schvaneveldt	So Twin Falls	1:05.92

**Girls 400 Meter Dash 5A**

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Class Record: \* 56.39 1986 Kristie Bergeson, Borah  
 Overall: # 55.98 2000 Danielle Pridgen, Nampa Christian

Name	Year School	Finals	Points
<b>Section 1 Finals</b>			
1 Alyssa Covington	11 Borah	58.34	
2 Samantha Thayne	Jr Highland	58.67	
3 Meagan Platt	11 Borah	58.96	
4 Lisa Drury	10 Eagle	59.22	
5 Holly Hoagland	12 Mountain View	59.41	
5 Dana Lapinel	9 Boise	J59.41	
7 Kacy Wessels	12 Lewiston	59.47	
8 Brittney Karl	So Madison	59.72	

**Girls 800 Meter Run 5A**

Class Record: \* 2:14.66 5/20/2005 Breanna Sande, Lake City  
 Overall: # 2:13.91 2001 Danielle Pridgen, Nampa Christian

Name	Year School	Finals	Points
<b>Section 1</b>			
1 Sara Shields	10 Timberline	2:17.44	
2 Sarah Olson	10 Boise	2:17.49	
3 Jacque Sahlberg	11 Boise	2:19.22	
4 Anne Lovelace	11 Boise	2:19.78	
5 Lauren Schaffer	11 Timberline	2:20.16	
6 Rachael Park	12 Lewiston	2:21.27	
7 Marissa Sanchez	Jr Twin Falls	2:21.75	
8 Alexi Hawkins	10 Mountain View	2:23.11	
9 Alex Litzsinger	So Highland	2:23.87	
10 Victoria Hokenson	11 Lewiston	2:24.33	
11 Chelsea Heffner	11 Mountain View	2:24.40	
12 Angie Whalen	10 Post Falls	2:25.93	
13 Hannah Thatcher	Fr Madison	2:26.82	
14 Maddie Crookham	09 Caldwell	2:26.85	
15 Kayla Hansen	So Idaho Falls	2:27.57	
16 Janie Perez	11 Lewiston	2:27.69	

**Girls 1600 Meter Run 5A**

Class Record: \* 4:59.45 5/19/2006 Dana Morgan, Boise  
 Overall: # 4:59.45 5/19/2006 Dana Morgan, Boise

Name	Year School	Finals	Points
1 Nicole Nielsen	10 Borah	5:03.58	
2 Erica Wendt	Sr Skyline	5:06.67	
3 Anna Stone	12 Coeur d'Alene	5:07.38	
4 Sarah Olson	10 Boise	5:08.02	
5 Anne Lovelace	11 Boise	5:08.08	
6 Bug Simmons	10 Mountain View	5:08.91	
7 Jacque Sahlberg	11 Boise	5:10.18	
8 Alex Litzsinger	So Highland	5:18.96	
9 Carly Gerard	12 Capital	5:19.48	
10 Karleigh Gempler	12 Borah	5:20.64	

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11 Angie Whalen	10 Post Falls	5:21.65
12 Bradi Hutchison	Jr Highland	5:28.21
13 Liz Brandon	9 Eagle	5:30.26
14 Molly Mitchell	10 Lake City	5:30.99
15 Rhianna Grossman	09 Lake City	5:31.65
16 Dani Bates	So Twin Falls	5:33.14

**Girls 3200 Meter Run 5A**

Class Record: \* 10:59.81 1997 Susan Werner, Boise  
 Overall: # 10:55.19 1993 Angie Mathison, Highland, Craigmo

Name	Year School	Finals Points
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1 Nicole Nielsen	10 Borah	11:01.98
2 Anne Lovelace	11 Boise	11:09.84
3 Anna Stone	12 Coeur d'Alene	11:10.45
4 Karleigh Gempler	12 Borah	11:13.70
5 Sarah Olson	10 Boise	11:17.27
6 Jacque Sahlberg	11 Boise	11:21.36
7 Erica Wendt	Sr Skyline	11:24.49
8 Bug Simmons	10 Mountain View	11:42.96
9 Carly Gerard	12 Capital	11:43.18
10 Bradi Hutchison	Jr Highland	11:46.62
11 Rebekah McGourty	12 Boise	11:47.24
12 Jaymee Novosel	So Highland	11:54.88
13 Dani Bates	So Twin Falls	11:55.54
14 Molly Mitchell	10 Lake City	12:12.07
15 Victoria Hokenson	11 Lewiston	12:38.98
16 Katie Murray	So Idaho Falls	12:41.47

**Girls 100 Meter Hurdles 5A**

Class Record: \* 14.45 5/19/2006 Tia Lumpkin, Skyline  
 Overall: # 14.45 5/19/2006 Tia Lumpkin, Skyline

Name	Year School	Prelims
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**Heat 1 Preliminaries**

1 Holly Hoagland	12 Mountain View	15.11Q
2 Jenne Childs	11 Timberline	15.25Q
3 Sam Neilson	10 Capital	15.85Q
4 Caitlin Warbis	12 Centennial	16.19Q
5 Tiffany Kuehn	09 Lake City	16.48
6 BreAnna Craig	Sr Idaho Falls	16.51
7 Shelby Thornton	9 Meridian	16.56
8 Kelsey Wheeler	10 Coeur d'Alene	17.21

**Heat 2 Preliminaries**

1 Tierra Lumpkin	Sr Skyline	14.69Q
2 Chari Hawkins	Fr Madison	15.93Q
3 Arica Johnson	12 Lake City	16.04Q
4 Eden Rasmussen	Jr Idaho Falls	16.19Q
5 Holly Miller	11 Timberline	16.81
6 Maria Haney	09 Centennial	16.96
7 Hanna Johnson	10 Coeur d'Alene	17.03
8 Hailey Wood	12 Vallivue	20.12

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**Girls 100 Meter Hurdles 5A**


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Class Record: \* 14.45 5/19/2006 Tia Lumpkin, Skyline

Overall: # 14.45 5/19/2006 Tia Lumpkin, Skyline

Name	Year School	Finals Points
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## Section 1 Finals

1	Tierra Lumpkin	Sr Skyline	14.48
2	Jenne Childs	11 Timberline	15.21
3	Holly Hoagland	12 Mountain View	15.23
4	Sam Neilson	10 Capital	15.82
5	Chari Hawkins	Fr Madison	16.15
6	Arica Johnson	12 Lake City	16.17
7	Caitlin Warbis	12 Centennial	16.39
8	Eden Rasmussen	Jr Idaho Falls	16.54

**Girls 300 Meter Hurdles 5A**


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Class Record: \* 43.64 2004 McKenzie Walton, Skyline

Overall: # 43.64 2004 McKenzie Walton, Skyline

Name	Year School	Prelims
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## Heat 1 Preliminaries

1	Tierra Lumpkin	Sr Skyline	45.68Q
2	Arica Johnson	12 Lake City	46.77Q
3	Janie Perez	11 Lewiston	46.79Q
4	Eden Rasmussen	Jr Idaho Falls	48.21Q
5	Dana Werner	12 Post Falls	48.97
6	Auna Charlton	10 Borah	49.14
7	Maria Haney	09 Centennial	49.25
8	Monica Ragan	12 Boise	51.34

## Heat 2 Preliminaries

1	Sam Neilson	10 Capital	45.90Q
2	Ashley Irons	Sr Twin Falls	46.27Q
3	Amy Ciaccio	12 Centennial	47.29Q
4	Erin Harris	Sr Skyline	47.52Q
5	Jaelyn Coleman	11 Centennial	48.24
6	Hailey Wood	12 Vallivue	48.93
7	Kacie Shields	09 Post Falls	49.41
8	Holly Miller	11 Timberline	49.69

**Girls 300 Meter Hurdles 5A**


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Class Record: \* 43.64 2004 McKenzie Walton, Skyline

Overall: # 43.64 2004 McKenzie Walton, Skyline

Name	Year School	Finals Points
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## Section 1 Finals

1	Tierra Lumpkin	Sr Skyline	44.20
2	Arica Johnson	12 Lake City	45.59
3	Ashley Irons	Sr Twin Falls	46.08
4	Amy Ciaccio	12 Centennial	46.50
5	Erin Harris	Sr Skyline	47.16
6	Janie Perez	11 Lewiston	47.33

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7 Sam Neilson	10 Capital	47.38
8 Eden Rasmussen	Jr Idaho Falls	47.56

**Girls 4x100 Meter Relay 5A**


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Class Record: * 48.52	2004	Lake City
Overall: # 48.52	2004	Lake City
School		Finals Points

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## Section 1

1 Meridian 'A'	49.36
2 Centennial 'A'	49.83
3 Timberline 'A'	49.90
4 Highland 'A'	50.45
5 Twin Falls 'A'	50.51
6 Skyline 'A'	50.74
7 Lake City 'A'	51.83
-- Boise 'A'	DQ

**Girls 4x200 Meter Relay 5A**


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Class Record: * 1:42.61	5/20/2005	Twin Falls, Twin Falls
Overall: # 1:42.61	5/20/2005	Twin Falls, Twin Falls
School		Finals Points

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1 Meridian 'A'	1:45.06
2 Mountain View 'A'	1:45.20
3 Lewiston 'A'	1:45.54
4 Twin Falls 'A'	1:46.09
5 Borah 'A'	1:46.39
6 Vallivue 'A'	1:47.73
7 Skyline 'A'	1:47.95
8 Post Falls 'A'	1:48.09

**Girls 4x400 Meter Relay 5A**


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Class Record: * 3:57.36	1986	Capital
Overall: # 3:57.36	1986	Capital
School		Finals Points

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1 Timberline 'A'	3:58.49
2 Lewiston 'A'	4:03.90
3 Centennial 'A'	4:04.52
4 Borah 'A'	4:04.63
5 Vallivue 'A'	4:05.68
6 Twin Falls 'A'	4:06.67
7 Highland 'A'	4:08.64
8 Madison 'A'	4:09.52

**Girls 800 Sprint Medley 5A**


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Class Record: * 1:46.87	2000	Jerome
Overall: # 1:46.87	2000	Jerome
School		Finals Points

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1 Timberline 'A'	1:48.77
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2 Highland 'A'	1:49.18
3 Mountain View 'A'	1:49.62
4 Borah 'A'	1:49.65
5 Vallivue 'A'	1:50.37
6 Madison 'A'	1:51.21
7 Lewiston 'A'	1:51.32
8 Centennial 'A'	1:52.52

**Girls High Jump 5A**

Class Record: \* 5-10 1991 Corissa Yasen, Coeur d'Alene

Overall: # 6-01 1984 Lisa Bernhagen, Wood River

Name	Year School	Finals	Points
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**Flight 1**

1 Lisa Bishop	Sr Idaho Falls	5-02.00
1 Michelle Glass	10 Borah	J5-02.00
3 Ashley Schmidt-Carr	12 Centennial	5-00.00
3 Valerie Jenkins	9 Vallivue	J5-00.00
3 Eden Rasmussen	Jr Idaho Falls	J5-00.00
3 Chari Hawkins	Fr Madison	5-00.00
3 Tiffany Kuehn	09 Lake City	J5-00.00
8 Sandy Martin	10 Lewiston	4-10.00
8 Katie Rosenwinkel	Sr Skyline	J4-10.00
8 Aubree Grover	Jr Madison	4-10.00
8 Amber Clontz	Twin Falls	J4-10.00
8 Danielle Valentine	11 Vallivue	J4-10.00
13 Breanne VanEvery	Highland	4-08.00
13 Abigail Van Hoogen	9 Borah	4-08.00
13 Kaydi Blackstock	9 Borah	J4-08.00
13 Erin Kelly	So Madison	J4-08.00
-- Ellie Matz	09 Coeur d'Alene	NH
-- Amanda Wilson	10 Meridian	NH
-- Anna Teinert	10 Boise	NH

**Girls Pole Vault 5A**

Class Record: \* 12-06 5/19/2005 Annelise Bertleson, Borah

Overall: # 12-07 2002 Julene Bailey, Skyview

Name	Year School	Finals	Points
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1 Ashley Godsey	12 Centennial	12-00.00
2 BreAnna Craig	Sr Idaho Falls	11-00.00
3 Tina Connolly	12 Boise	10-06.00
3 Theresa Waybright	10 Borah	J10-06.00
5 Brenna Lawson	12 Lake City	10-00.00
6 Danielle Valentine	11 Vallivue	J9-06.00
6 Jolyn Wendt	So Skyline	9-06.00
8 Becca Clark	9 Meridian	9-00.00
9 Amanda Hild	12 Capital	8-06.00
9 Caitlin Maulin	9 Boise	J8-06.00
11 Rhianna Grossman	09 Lake City	8-00.00
11 Callan McGriff	So Idaho Falls	8-00.00
11 Megan Blake	09 Lewiston	8-00.00

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-- Natalie Keith      11 Coeur d'Alene      NH  
 -- Cassidy Coy      10 Lewiston      NH  
 -- Meagan Slendorn      12 Centennial      NH  
 -- Aubry Schvaneveldt      So Twin Falls      NH

**Girls Long Jump 5A**

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 Class Record: \* 18-10.25 1983      Macie Miller, Twin Falls

Overall: # 18-10.50 1983      Kirsten Jensen, Kendrick

Name	Year School	Finals Points
1 Circe Cansino	12 Post Falls	16-06.50
2 Caitlin Beausoleil	Sr Skyline	16-05.50
3 Chari Hawkins	Fr Madison	16-01.25
4 Katy Tai	12 Centennial	16-00.25
5 Tiffany Kuehn	09 Lake City	15-05.25
6 Lauren McNamara	So Idaho Falls	15-02.00
7 Danielle Keating	Jr Twin Falls	15-01.50
8 Rebecca Anderson	10 Lewiston	15-00.75

## Flight 2

1 Alyssa Covington	11 Borah	17-07.25
2 Kaydi Blackstock	9 Borah	16-10.00
3 Taylor Hagood	09 Centennial	16-08.00
4 Ashley Godsey	12 Centennial	16-06.75
5 Hailey Bull	10 Vallivue	J16-00.25
6 Colleen Carberry	12 Boise	15-03.75
-- Sam Neilson	10 Capital	FOUL
-- Tierra Lumpkin	Sr Skyline	FOUL

**Girls Triple Jump 5A**

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 Class Record: \* 38-02.50 1987      Dana Cowen, Twin Falls

Overall: # 39-02.50 2000      Jessica Zatica, Homedale

Name	Year School	Finals Points
1 Jolyn Wendt	So Skyline	34-02.00
2 Kayla Ruzicka	11 Borah	J32-09.50
3 Robin Lynch	12 Lake City	J32-08.25
4 Ashley Ward	Jr Skyline	32-06.25
5 Eden Rasmussen	Jr Idaho Falls	32-03.75
6 Rebecca Anderson	10 Lewiston	31-10.75
7 Abbi Greene	So Highland	30-07.75
8 Cassidy Coy	10 Lewiston	30-01.25

## Flight 2

1 Sam Neilson	10 Capital	37-00.75
2 Taylor Hagood	09 Centennial	36-10.00
3 Alyssa Covington	11 Borah	35-04.25
4 Melissa Williams	12 Centennial	J34-05.00
4 Ashley Godsey	12 Centennial	34-05.00
6 Rachel Lane	10 Meridian	33-04.50
7 Eden Atkinson	10 Timberline	32-06.75
8 Katie Rosenwinkel	Sr Skyline	32-06.25

**Girls Shot Put 5A**



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Class Record: \* 45-08 1988 Lisa White, Skyline  
 Overall: # 49-05.25 2001 Hollie Tyler, Leadore  
 Name Year School Finals Points

**Flight 1**

1 Jodie Hunter	Jr Idaho Falls	34-11.00
2 Marissa Armour	10 Coeur d'Alene	34-02.50
3 Rebecca Bauman	09 Post Falls	33-00.00
4 Arielle Taylor	10 Borah	31-07.00
5 Jessica Sosnowski	10 Centennial	31-00.50
6 Nmayen Ironbar	11 Mountain View	30-08.50
7 Brenna Morlock	10 Lewiston	30-07.00
8 Kelsei Moyle	11 Eagle	29-04.50

**Flight 2**

1 Brittany Wright	Sr Madison	40-08.00
2 Kristin Wiberg	11 Centennial	39-05.50
3 Maryn Pincock	11 Borah	36-11.00
4 Maggie Burton	Jr Madison	34-08.50
5 Hallie Koeppen	9 Eagle	34-03.00
6 Melannie Mclaughlin	11 Caldwell	34-01.50
7 Risa Casperson	Sr Twin Falls	32-10.00
8 Juliann Kniffin	Jr Highland	32-00.00

**Girls Discus Throw 5A**

Class Record: \* 148-07 1988 Lisa White, Skyline  
 Overall: # 154-04 2001 Hollie Tyler, Leadore  
 Name Year School Finals Points

**Flight 1**

1 Marissa Armour	10 Coeur d'Alene	107-10
2 Audrey Gatewood	11 Eagle	105-02
3 Rebecca Bauman	09 Post Falls	102-05
4 Hannah Ballou	10 Mountain View	98-02
5 Karissa Yost	11 Caldwell	95-07
6 Guro Sogn	11 Eagle	89-10
7 Sierra Chapple	Fr Twin Falls	84-06
8 Megan Heesch	10 Mountain View	83-03

**Flight 2**

1 Brittany Wright	Sr Madison	125-10
2 Risa Casperson	Sr Twin Falls	118-11
3 Sheena Brumbelow	12 Mountain View	110-10
4 Emma Filiaga	So Highland	109-04
5 Maryn Pincock	11 Borah	107-00
6 Brenna Morlock	10 Lewiston	104-03
7 Camille Lamb	So Madison	104-02
8 Melannie Mclaughlin	11 Caldwell	101-06